

## Nsaa/norton Campus

Monday	Tuesday	Wednesday	Thursday	Friday
December 29, 2014	December 30, 2014	December 31, 2014	January 1, 2015	January 2, 2015
			NO SCHOOL	NO SCHOOL

January 5, 2015	January 6, 2015	January 7, 2015	January 8, 2015	January 9, 2015
NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL

January 12, 2015	January 13, 2015	January 14, 2015	January 15, 2015	January 16, 2015
MINI CORN DOGS & CHICKEN FUN MIX Golden Potato Rounds Mixed Fruit Cup Mustard Ketchup Choice of Milk 3 CHEESE PANINI Whole Kernel Corn	CHICKEN TACO PIZZA DIPPERS Soft Tortilla Marinara Dipping Sauce Green Beans Diced Peas Choice of Milk Broccoli	CHEESEBURGER Hamburger Bun CRISPY CHICKEN FILLET Maple Baked Beans Pickle Chips TURKEY AND CHEESE ON WHOLE WHEAT BREAD Orange Juice Mustard Golden Potato Rounds Ketchup Choice of Milk BBQ Sauce	BBQ CHICKEN Hamburger Bun Broccoli SAUSAGE PIZZA Applesauce Cup CHICKEN ENTREE SALAD Choice of Milk Shredded Cheddar Cheese Croutons Fresh Apple* Salad Bar Selections Mixed Greens Salad Cucumber Coins Garbanzo Beans Carrot Sticks Thousand Island Dressing	MINI RAVIOLI WITH SAUCE RAVIOLI WITH SAUCE Whole Kernel Corn Pineapple Tidbits Graham Crackers Choice of Milk SANTA FE CHICKEN TURKEY HAM & CHEESE PANINI Salad Bar Selections Mixed Greens Salad Black Eyed Peas Pickle Chips Jicama Sticks Light Ranch Dressing Tortilla Chips

January 19, 2015	January 20, 2015	January 21, 2015	January 22, 2015	January 23, 2015
NO SCHOOL	CHICKEN DIPPERS W/ TOMATO PARMESAN SAUCE CHICKEN TACO SALAD Shredded Cheddar Cheese Whole Kernel Corn Orange Sorbet 100% Juice Croutons BEAN & CHEESE BURRITO Choice of Milk Salad Bar Selections Mixed Greens Salad Carrot Sticks Crunchy Celery Sticks Jicama Sticks Light Ranch Dressing Taco Sauce	FRENCH TOAST STICKS W/ SAUSAGE Tropical Veggie Juice Pineapple Tidbits Choice of Milk Syrup TURKEY AND CHEESE ON WHOLE WHEAT BREAD Salad Bar Selections Mixed Greens Salad Garbanzo Beans Jicama Sticks Pickle Chips Light Italian Dressing	PIZZA DIPPERS Marinara Dipping Sauce Romaine Salad Light Italian Dressing Fresh Banana Choice of Milk CHICKEN ENTREE SALAD Croutons Shredded Cheddar Cheese CHILI Corn Muffin Salad Bar Selections Mixed Greens Salad Cucumber Coins Black Beans Crunchy Celery Sticks Thousand Island Dressing	RIB-B-OUE W/ POTATO WEDGES Hamburger Bun Maple Baked Beans Fresh Pear* Choice of Milk 3 CHEESE PANINI HOT DOG W/ POTATO ROUNDS Hot Dog Bun Salad Bar Selections Mixed Greens Salad Carrot Sticks Crunchy Celery Sticks Green Beans Light Italian Dressing Mustard Ketchup

January 26, 2015	January 27, 2015	January 28, 2015	January 29, 2015	January 30, 2015
CHICKEN TENDERS WITH POTATO WEDGES Garden Peas Strawberry Apple Sauce BBQ Sauce Ketchup Choice of Milk TURKEY AND CHEESE ON WHOLE WHEAT BREAD CHEESE PIZZA Salad Bar Selections Mixed Greens Salad Crunchy Celery Sticks Carrot Sticks Jicama Sticks Light Ranch Dressing Mustard	MACARONI & CHEESE CHICKEN TACO SALAD California Blend Veggies Grape Juice Croutons Shredded Cheddar Cheese Choice of Milk Salad Bar Selections Mixed Greens Salad Broccoli Florets Red Peppers Green Beans French Dressing	TURKEY BURGER Hamburger Bun Taco Beans Cucumber Coins Light Ranch Dressing Fresh Pear* Ketchup Mustard Choice of Milk TURKEY HAM & CHEESE ON A WHOLE WHEAT BUN BAGEL DOG Salad Bar Selections Mixed Greens Salad Black Eyed Peas Pickle Chips Jicama Sticks	MEATBALLS W/ TOMATO SAUCE Hot Dog Bun Garden Vegetables Diced Peaches Choice of Milk CHICKEN ENTREE SALAD Croutons Shredded Cheddar Cheese Salad Bar Selections Mixed Greens Salad Cucumber Coins Garbanzo Beans Crunchy Celery Sticks Thousand Island Dressing	PIZZA DIPPERS Marinara Dipping Sauce Romaine Salad Light Italian Dressing Fresh Orange* Snickerdoodle Cookies Choice of Milk 3 CHEESE PANINI Salad Bar Selections Mixed Greens Salad Crunchy Celery Sticks Carrot Sticks Green Beans

\*\*\*\* ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK.

\*\*\* MENU SUBJECT TO CHANGE.

\*\*\* This Institution is an equal opportunity provider and employer.



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January 12, 2015	January 13, 2015	January 14, 2015	January 15, 2015	January 16, 2015
APPLE JACKS REDUCED SUGAR Spiced Grahams Blended Fruit Juice Raisins Choice of Milk	RICE CHEX Cinnamon Sky Minis Apple Juice Diced Peaches Choice of Milk	RAISIN BRAN Spiced Grahams Cinnamon Applesauce Orange Juice Choice of Milk	CINNAMON TOAST CRUNCH Strawberry Waffle Crackers Blended Fruit Juice Diced Peaches Grape Juice Choice of Milk	FROSTED MINI WHEATS Graham Crackers Mixed Fruit Cup Orange Juice Choice of Milk

January 19, 2015	January 20, 2015	January 21, 2015	January 22, 2015	January 23, 2015
	RICE KRISPIES Cinnamon Breakfast Square Blended Fruit Juice Diced Peas Choice of Milk	FROSTED FLAKES Spiced Grahams Apple Juice Diced Peaches Choice of Milk	MINI WHEATS LITTLE BITES Strawberry Waffle Crackers Apple Grape Juice Fresh Orange* Choice of Milk	CHEERIOS Graham Crackers Fresh Apple* Choice of Milk

January 26, 2015	January 27, 2015	January 28, 2015	January 29, 2015	January 30, 2015
APPLE JACKS REDUCED SUGAR Spiced Grahams Blended Fruit Juice Raisins Choice of Milk	RICE CHEX Cinnamon Sky Minis Apple Juice Diced Peaches Choice of Milk	RAISIN BRAN Spiced Grahams Fresh Apple* Choice of Milk	CINNAMON TOAST CRUNCH Strawberry Waffle Crackers Blended Fruit Juice Fresh Banana* Choice of Milk	FROSTED MINI WHEATS Graham Crackers Fresh Apple* Choice of Milk

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### Healthy Foods for a Healthier Me!

The new year is a great time to incorporate healthier foods into your diet! Eating meals that include lots of fruits and vegetables, like school meals, are a great way to increase the amount of vitamins, minerals and fiber that help keep your body going. Don't forget to make them half your plate!

